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Obesity In Hong Kong Risk

living in Hong Kong.
For most Asian adults

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including Chinese, central obesity is defined as waist circumference > 90 cm for men and > 80 cm for women. The Population Health Survey 2014/15 of the Department of Health found that 50.0% of persons aged 15–84 (57.0% of males and 43.6% of females) were overweight and obese; 36.5% (31.2% of males

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Obesity: A Weighty Health Issue

The Body Mass Index (BMI) is one of the methods for measuring overweight and obesity. It is calculated by dividing the body weight (in kg) by the square of height (in m): kg/m^2 . For Chinese adults living in Hong Kong, BMI from 23.0 to less than 25.0 kg/m^2 is classified as overweight and BMI 25.0 kg/m^2 or above is

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classified as obese.

Obesity increases the risk for a number of chronic diseases, such as hypertension, heart diseases, hypercholesterolaemia, diabetes mellitus, cerebrovascular ...

Centre for Health Protection - Obesity

Impact of obesity and body fat distribution on cardiovascular risk factors in Hong Kong Chinese. Thomas

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GN(1), Ho SY, Lam KS,
Janus ED, Hedley AJ,
Lam TH; Hong Kong
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**Impact of obesity
and body fat**

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Some 18 per cent of Hong Kong children are overweight and a further 9 per cent are obese - that's more than one in four.

Income inequality and the obesity epidemic in Hong Kong ...

4 Hong Kong Institute
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Persistent Organic Pollutants as Risk Factors for Obesity

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Objective: Body fat distribution has been reported to differentially contribute to the development of cardiovascular risk. We report the relative associations between general and central obesity and risk factors in 2893 Chinese subjects recruited from the Hong Kong population.

Impact of Obesity and Body Fat

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Distribution on ...

Hong Kong Obesity
Society 4th Annual
Symposium.

Date □ August 8, 2020
(Saturday) Time
□ 13:30-16:30.

Topic □ Debunking the
Myth of Weight
Management.

Format □ Webinar The
Hong Kong Obesity
Society (HKOS) is
inviting applications of
local research projects
for the HKOS Research
Fund (HKOSRF) for the

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year of 2020-21.

Hong Kong Obesity Society

The obesity indices BMI, WC and WHtR were all significantly associated with higher levels of ASCVD risk factors including fasting glucose, triglycerides, LDL-cholesterol, uric acid, hsCRP, increased SBP and lower education level, but only the abdominal obesity

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indices WC and WHtR were significantly associated with clinical ASCVD.

Abdominal obesity is strongly associated with ...

Upcoming Activities.
Online registration for the 22nd Diabetes and Cardiovascular Risk Factors - East Meets West Symposium

Hong Kong Institute of Diabetes and

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Obesity > Home

school closures, may exacerbate the epidemic of childhood obesity and increase disparities in obesity risk. In many areas of the United States, the COVID-19 pandemic has closed schools, and some of these school systems are not expected to reopen this school year. The experiences in Hong Kong, Taiwan, and Singapore suggest that

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social distancing

**COVID-19-Related
School Closings and
Risk of Weight Gain**

...

We investigated
glycemic progression
among 7,091 Chinese
patients with T2D from
the Hong Kong
Diabetes Register
enrolled between 1995
and 2007. We explored
the associations of
clinical variables and
different polygenic risk

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scores (PRSs) of obesity, T2D, and response to oral glucose-lowering drugs with glycemic progression and validated the ...

Obesity, clinical, and genetic predictors for glycemic ...

In this study we found some but limited evidence to suggest that underweight and obesity showed an adverse effect on

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mortality associated with influenza in the elders of Hong Kong. Given the prevailing obesity epidemic worldwide and constant threat of influenza epidemics, future studies from other regions are warranted to disentangle the impact of obesity on influenza infections and severe outcomes.

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influenza associated mortality: Evidence from ...

Therefore, lower cut-off criteria have been proposed to define obesity in Chinese populations and if the cut-off value for BMI greater than or equal to 25 kg/m² is adopted, the overall prevalence of obesity in Chinese adults is approximately 21.8% in mainland China, 21.0% in Hong Kong, 25.1% in Taiwan

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and 27.8% in
Singapore.

**Prevalence of
obesity amongst
Chinese populations
revisited**

According to a recent survey, more than half of Hongkongers between the ages of 15 and 84 are overweight or obese - a risk factor for developing diabetes, which is linked to cancer.

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Hongkongers still ignoring link between obesity and cancer ...

The prevalence of overweight/obesity at the age of 14-15 years was 13% among children with none of these risk factors at age 6-7 years, compared with 71% among those with all 3 risk factors (P...

Early clinical markers of

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**overweight/obesity
onset and ...**

Adipokines

Demonstrate the
Interacting Influence of
Central Obesity With
Other Cardiometabolic
Risk Factors of
Metabolic Syndrome in
Hong Kong Chinese
Adults Our results
indicate that the
inflammatory status of
MetS may be more
severe in the presence
of central obesity.

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Adipokines

Demonstrate the Interacting Influence of ...

Central obesity is associated with a statistically higher risk of heart disease, hypertension, insulin resistance, and type 2 diabetes (see below). With an increase in the waist to hip ratio and overall waist circumference the risk of death increases as well.

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Abdominal obesity - Wikipedia

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